

Rosemary Chicken

Marinade for chicken

1 Whole chicken

few sprigs Fresh rosemary, chopped

2 cloves Garlic
5 g Paprika
1 tbsp Olive oil
50 g Butter
to taste Salt

to taste Black pepper



Vegetables for serving

2 Potato, peeled and cut into wedges

Carrot, peeled and sliced
Red onion, quartered
Pumpkin, cut into wedges

Method:

- 1. Preheat oven to 180°C.
- 2. Clean the chicken inside out removing the offal.
- 3. Mix all the ingredients in a bowl except the butter and salt. Place aside half the herbs.
- 4. Insert the butter and the remaining herbs under the breast skin. Truss.
- 5. Let marinade for at least 40 minutes in the chiller.
- 6. When ready remove from the chiller 10 minutes before roasting.
- 7. Place chicken on a roasting tray together with potatoes, onions and carrots. Drizzle some olive oil over the veggies and season with salt and pepper. Toss well.
- 8. Roast for 40 45 minutes at 180c. Rest for at least 10 minutes before cutting.

