

Thin & Crispy Pizza

Pizza Dough: -

Plain flour 200g
Salt ½ tsp
Sugar 1 ½ tsp
Instant yeast ¾ tsp
Olive oil 1 tbs
Water 125 ml



Method :-

- 1. Combine the above ingredients and knead until dough is smooth, approximately 5 minutes with a dough hook, or 10 minutes by hand.
- 2. Cover dough with a damp cloth or with cling wrap and leave in a warm place to proof until dough has risen to double in size (alternatively, if using a proofer, proof at 35 C at a humidity level of 85 for 45 minutes).
- 3. Punch dough down and scale to 60g. Roll each piece of dough into a tight, smooth ball and leave to rest for 10 minutes.
- 4. Roll or press out dough as thinly as possible on an oiled tray (or on an oiled piece of aluminium foil, or on a piece of silicon paper).
- 5. Spread pizza base with pizza sauce, lay on toppings.
- 6. Bake in a pre-heated oven at 220 C for about 12 minutes.



Homemade Pizza Sauce: -

Tomato puree	1/4 cup
Minced garlic	½ tsp
Salt	pinch
Sugar	¾ tsp
Dried Basil	pinch
Dried Oregano	pinch
Olive oil	½ tsp

Method;-

Blend all the Pesto ingredients till smooth

